

Physical Education Long Term Plan 2020 – 2021

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<i>Rec</i>	Skills - baseline assessment	Movement - At the park	Parachute games	Movement - Bear Hunt	Using apparatus	Bat and ball fundamentals
<i>Year 1</i>	Invasion games Dance	Health and Fitness Dance - Magic toys	Gymnastics Dance	Invasion games Gymnastics	Athletics Dance	Striking and fielding Net/Wall
<i>Year 2</i>	Invasion games Dance	Health and Fitness Dance	Gymnastics Dance	Invasion games Gymnastics	Athletics Dance	Striking and fielding Net/Wall
<i>Year 3</i>	Invasion games Net/Wall	Health and Fitness Dance - Diwali	Gymnastics Dance - Egypt	Gymnastics Consolidation of skills so far Swimming	Athletics OAA	Striking and fielding Invasion games
<i>Year 4</i>	Invasion games Net/wall	Health and Fitness Dance - Tudors	Gymnastics Swimming	Gymnastics Consolidation of skills so far OAA	Athletics Dance - Blitz	Striking and fielding Invasion games
<i>Year 5</i>	Invasion games Net/Wall	Health and Fitness Swimming	Gymnastics Dance - Victorians	Gymnastics Consolidation of skills so far OAA	Athletics Dance - Rivers	Striking and fielding Invasion games
<i>Year 6</i>	Invasion games Swimming	Health and Fitness Dance - Diwali	Gymnastics Dance - Olympics	Gymnastics Consolidation of skills so far OAA	Athletics Striking and fielding - rounders	Striking and fielding Swimming